

A photograph of two people sitting at a white table in an office. One person is using a laptop. A large red rectangular overlay covers the middle of the image, containing the text 'Career Conversations' in white. The background shows a window with a view of a city.

# Career Conversations

 arrive  
& thrive



**50,000**

**SINCE 2019**

Student Survey Workshop Rating 



How to best  
**support** your  
young person.



# Support Principles

## Empathy

Think of how much the world of work has changed. Put yourself back into the mindset of when you were in school.



## Informational Interviews

Think of your own connections who are in roles or know of people in the roles your young person is interested in.



## Encourage Ownership

Encourage ownership of the career discovery process and participate as a fan and not a player!



## Curious Questions

Embrace all career information with curiosity and ask open questions. Try the GROW model.



## Revisit your own journey

Share your own career journey to your young person. Make it a dinner table topic!



Let's check in with our  
parents & guardians.



slido



**Are you in the same industry  
that you pursued out of high  
school?**

ⓘ Click **Present with Slido** or install our [Chrome extension](#) to activate this poll while presenting.

slido



# How many jobs have you had in your career?

ⓘ Click **Present with Slido** or install our [Chrome extension](#) to activate this poll while presenting.



slido



**Are you in a job that you  
gained through someone  
that you know?**

① Click **Present with Slido** or install our [Chrome extension](#) to activate this poll while presenting.

## Career

A range of occupations undertaken for a significant period of a person's life.



# Career Design Principles

## Be Curious

Explore what is out there, explore both traditional and futuristic careers.



## Try Stuff

Try different things, watch different videos, speak to different people, explore open days.



## Know it's a process

These things take time, but you have many years to develop meaningful work.



## Reframe

Focus on a positive reframe when you are faced with a challenge.



## Ask for help

Ask for help from the right people who understand who you are and what you need.



'Generation Z will have up to 7 different career changes'

- FYA

# The Chaos Theory of Careers - Explained

First developed by Robert Pryor and Jim Bright in  
**2011 - The Chaos Theory of Careers**

Change is inevitable and the future will always be unpredictable.

External factors such as the **economy** and **new technologies** will impact your career path in unexpected ways.

Embracing this theory means having **flexible long term goals** and being ready to **react to unexpected changes** and opportunities.

**Avoid getting fixed on one career path.** Think about the **transferable skills** that you have developed and how these could be applied to different roles and opportunities.

# Emerging Future Skills - **Work Economic Forum** & Australian Jobs

‘When you train for **1** job you are acquiring skills for **13** different jobs’ - FYA

Creativity, originality & initiative

Analytical thinking & innovation

Active learning

Technology design & programming

Complex problem solving

Critical thinking & analysis

Leadership & social influence

Emotional intelligence

Reasoning

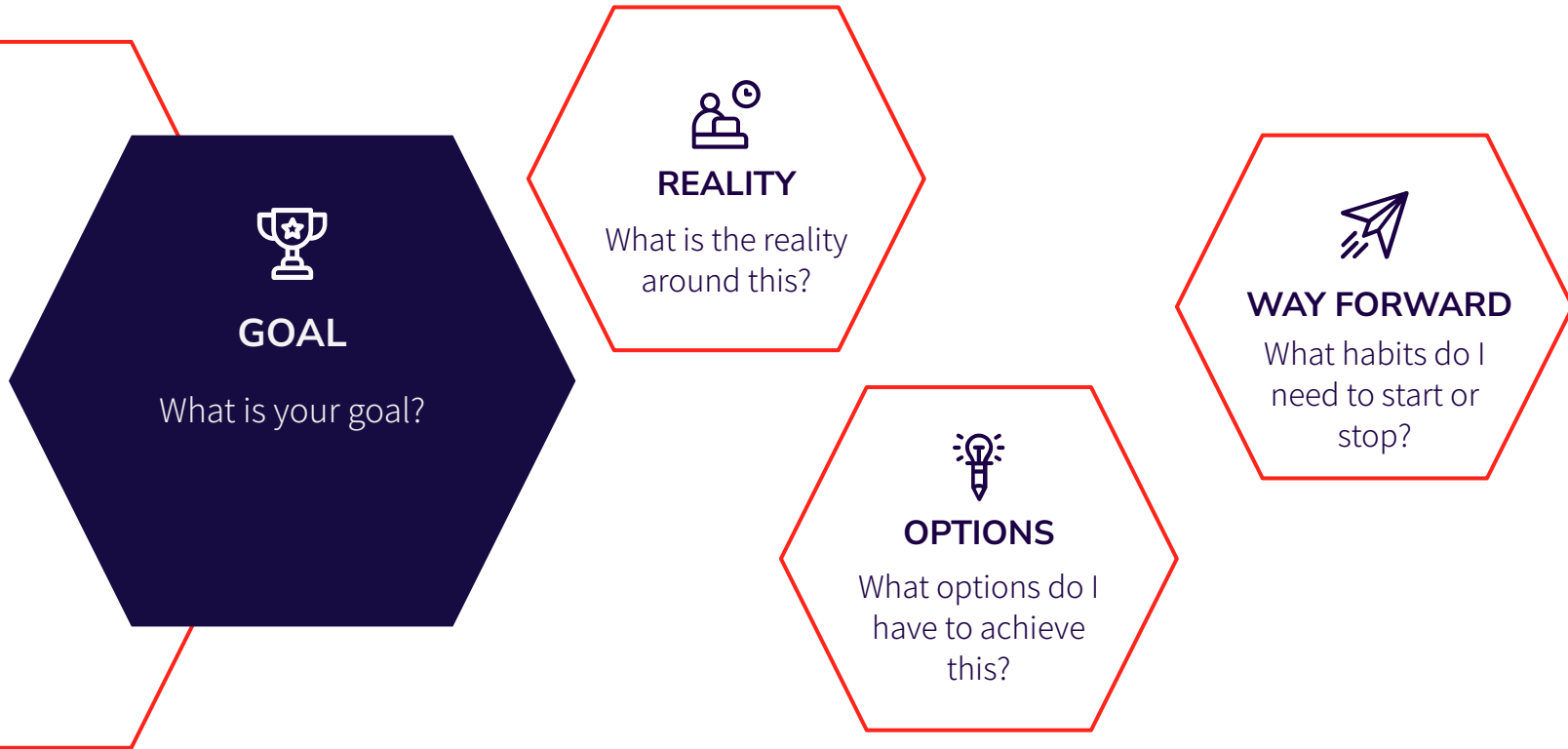
Resilience, stress tolerance & flexibility

# IKIGAI

a Japanese word that translates to 'a reason for being' 生き甲斐



# Developing a GROW moment



**Only 8% of people who set goals achieve them - University of Scranton**

# Our **Free** Career Conversation **Dinner Menu**





ADULT

LET'S DISCUSS SOME  
FOOD FOR THOUGHT..

 **STARTER** 

**EXPLAIN YOUR JOB IN 15 SECONDS.**

**SHARE ONE THING THAT YOU LIKE ABOUT YOUR WORK,  
ONE THING YOU DON'T AND WHY?**

**WHAT DID YOU WANT TO BE WHEN YOU WERE IN SCHOOL?**

 **MAIN COURSE** 

**WHAT WOULD YOU LIKE TO DO IF YOU WEREN'T IN YOUR  
CURRENT ROLE?**

**WHAT IS THE BEST JOB DECISION YOU HAVE EVER MADE  
AND WHY?**

**WHAT WAS THE BIGGEST CAREER MISTAKE YOU MADE  
AND WHAT DID YOU LEARN?**

 **DESSERT** 

**YOU HAVE 1 MILLION DOLLARS TO SPEND ON YOUR  
CAREER - HOW WOULD YOU CHOOSE TO SPEND IT?**

**WHO INSPIRES YOU AND WHY?**

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STUDENT

LET'S DISCUSS SOME  
FOOD FOR THOUGHT..

 **STARTER** 

**WHAT DO YOU LOVE TO DO IN YOUR SPARE TIME?**

**SHARE ONE THING THAT YOU LIKE ABOUT SCHOOL AND  
WHY?**

**WHAT ACTIVITIES WOULD YOU MISS THE MOST IF YOU  
COULD NO LONGER DO THEM?**

 **MAIN COURSE** 

**WHAT DO YOU BELIEVE YOU ARE GOOD AT?**

**WHAT DO YOU BELIEVE THE WORLD NEEDS MORE OF?**

**IF YOU STARTED YOUR OWN BUSINESS, WHAT WOULD  
IT BE AND WHAT WOULD THE BUSINESS DO?**

**IF YOU DIDN'T HAVE TO GO TO SCHOOL,  
HOW WOULD YOU SPEND YOUR DAY?**

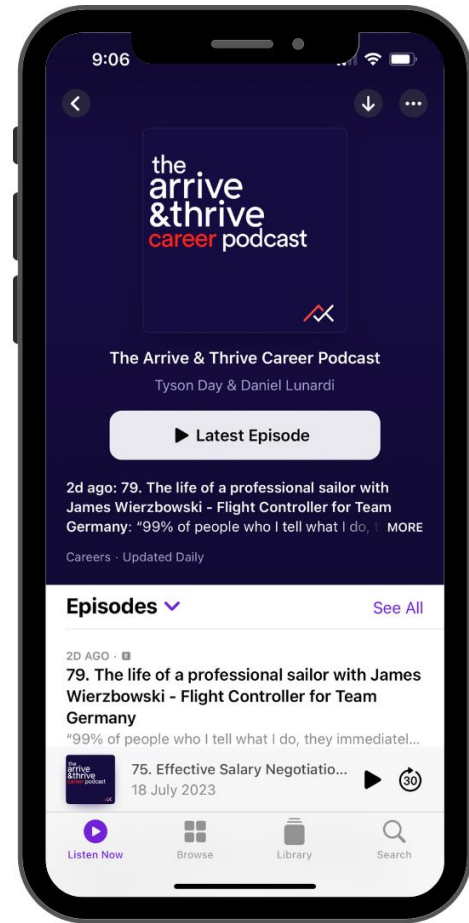
 **DESSERT** 

**YOU HAVE 1 MILLION DOLLARS TO SPEND ON YOUR  
FIRST 5 YEARS AFTER SCHOOL - HOW WOULD YOU  
CHOOSE TO SPEND IT?**

**IF YOU COULD DO ANY JOB, REGARDLESS OF PAY,  
LOCATION, TASK ETC. WHAT WOULD IT BE?**

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# Check out our podcast!





# THANK YOU

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